



FADAP Conference Agenda

September 11-13, 2018

Monday, September 10, 2018

2:00 p m - 8:00 p m		<i>Registration Desk Open</i>
5:00 p m - 7:30 p m		<i>Dinner</i>
8:00 p m - 9:00 p m		Open 12 Step "Wings of Sobriety" Meeting
8:00 p m - 9:00 p m		Open Al-Anon Meeting

Tuesday, September 11, 2018

7:00 am - 6:00 pm		Registration Desk Open
7:00 am - 7:45 am		Meditation and Stretching McArthur Stidom
6:00 am - 8:30 am		Breakfast
8:30 am - 9:00 am		Welcome and Overview of Flight Attendant Drug and Alcohol Program Heather Healy, LCSW-C, CEAP, FADAP Manager Nicholas Lomangino, MD, FAA Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8:45 am - 8:55 am		9/11 Reflection Christy Jackson Rebecca Marchand
9:00 am - 10:30 am Session 1		"Hopeful Healing for the Complex Trauma Survivor" Mackenzie Philips, RADT-1
10:30 am - 10:50 am		Break
10:50 am - 12:00 pm Session 2		"My Flight into Recovery" Cathy B, Courtney M, Kelle W, Melinda J (Al-Anon), Rebecca M (Al-Anon), Stephanie U, TJ B
12:00 pm - 1:20 pm		Lunch
1:20 pm - 2:00 pm Session 3		"Opioid Testing-What You Should and Need to Know" Nicholas Lomangino, MD, FAA
2:00 pm - 3:30 pm Session 4		"Overeating, Sugar & Food Addiction: Behavioral Addictions" Mark Gold, MD
3:30 pm - 3:50 pm		Break
3:50 pm - 5:20 pm Session 5		"The Making of a Sex Addict" Kamrin Carver, LMFT, CSAT
5:20 pm - 5:30 pm		Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
5:30 pm - 7:30 pm		Dinner
7:30 pm - 9:30 pm		Entertainment Wilson Phillips

Exhibits Open

Wednesday, September 12, 2018

7:45 am – 5:30 pm	Exhibits Open	Registration Desk Open
7:00 am – 7:45 am		Meditation and Stretching McArthur Stidom
6:00 am - 8:30 am		Breakfast
8:30 am – 8:45 am		Welcome Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8:45 am – 10:15 am Session 6		“The Movement of Grace” Jennifer Angier, MS, NCAC II
10:15am – 10:25 am		Break
10:25 am - 11:45 am Session 7		“The Movement of Grace” Jennifer Angier, MS, NCAC II
11:45am – 1:05 pm		Lunch
1:05 pm - 2:05 pm Session 8		“Partnerships to Advance Flight Attendant Well-Being” Mary Keough-Air Canada Jay Evans-NBAA Dodie Thomas-NBAA Mike Middlebrook-WestJet Leanne Wilkinson- WestJet <i>*Update-Ron Calvin-Alaska Airlines</i>
2:05 pm – 2:25 pm		Break
2:25 pm – 3:55 pm Session 9		“Late for the Sky: The Journey of a Flight Attendant in Recovery” Jeff Mangrum
3:55 pm - 5:25 pm Session 10.1		“When Caring becomes Caretaking- Tips to Avoid Compassion Fatigue” Libby Timmons, M.Ed., LISAC, CEAP, SAP
3:55 pm – 5:25 pm Session 10.2	<u>By Invitation Only</u> Flight Attendant Leadership/Management Workshop Melanie Buker-AFA-CWA LEC V/P-Alaska Airlines	

		Tom Crabtree-Senior Outreach Manager-Southwest <i>Co-facilitators</i>
5:25 pm – 5:30 pm		Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
5:30 pm – 7:00 pm		<i>Dinner</i>
7:00 pm - 8:00 pm		<i>Dessert and Networking</i> <i>Sponsored by Breathe Life Healing Centers</i>
8:30 pm- 9:30 pm		Open 12 Step “Wings of Sobriety” Meeting
8:30 pm - 9:30 pm		Open Al-Anon Meeting

Thursday, September 13, 2018

8:00 am – 1:00 pm		<i>Registration Desk Opens</i> <i>Certificates of Attendance and</i> <i>Education Hours Awarded</i>
6:00 am – 8:45 am		<i>Breakfast</i>
8:45 am – 9:00 am		Welcome Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
9:00 am – 10:30am Session 11	Exhibits Open	“Sensory Based Strategies for Self-Regulation: The Mind-Body Connection” Bonnie Eckman, COTA/L Stormy Hill, MD.,OTR/L
10:30 am – 10:50 am		<i>Break</i>
10:50 am – 12:20 pm Session 12		“Eating Disorders and Substance Use Disorders” Katherine ‘Katie’ McQueen, MD
12:20 pm – 12:30 pm		Wrap Up/Closing Remarks Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
12:30 pm - 1:30 pm		<i>Departures</i>

