



FLIGHT ATTENDANT DRUG and ALCOHOL PROGRAM

Supporting Related Mental Health Concerns

2026 FADAP Conference Agenda

| Monday, August 17, 2026-PreConference | | |
|--|---|---------------------|
| 2:00pm-8:00pm | Registration Desk Open | Conference Building |
| 4:00pm-8:00pm | Sponsorship Set Up | Conference Building |
| 5:30pm-7:00pm | Dinner | Hotel Dining Room |
| 7:30pm-8:30pm | “Open” Wings of Sobriety Meeting | Room A-300 |
| 7:30pm-8:30pm | “Open” Al-Anon Meeting | Room A-302 |

| Tuesday, August 18, 2026-Day 1 | | |
|---------------------------------------|---|--|
| 6:30am-8:30am | Breakfast | Hotel Dining Room |
| 6:45am-7:15am | Walking Group | Hotel Lobby- Meet |
| 7:00am-5:30pm | Registration Desk Open | Conference Lobby |
| 7:15am-8:20am | Continental Breakfast | Conference Center Lobby |
| 7:15am-8:15am | “Open” Wings of Sobriety Meeting | Conference Center Room A-300 |
| 7:30am-5:15pm | Sponsorship Tables Open | Conference Center Lobby |
| 8:30am-9:00am | “Welcome to the 16th Annual FADAP Conference” Heather Healy, LCSW-C, CEAP FADAP Manager Deborah McCormick-Rudicil, LCDP, CEAP FADAP Coordinator | Conference Center Auditorium |
| 9:00am-10:30am | “How Addiction Alters the Human Brain” Dr. Stephen Dewey, PhD | Conference Center Auditorium |
| 10:30am-10:50am | Break | Conference Center Lobby *Refreshments |
| 10:50am-12:20pm | “Turbulence to Thrive: Stress Mastery” Tatti Miller, Psychologist | Conference Center Auditorium |
| 12:20pm-1:30pm | Lunch | Hotel Dining Room |
| 1:30pm-3:00 pm | “My Flight into Recovery” | Conference Center Auditorium |
| 3:00pm-3:20pm | Break | Conference Center Lobby *Refreshments |
| 3:20pm-4:50pm | Flight Attendant Peer Workshop | Conference Center Auditorium |
| 3:20pm-4:50pm | Flight Attendant Leadership/Airline Management Workshop | Conference Center Classroom 2- downstairs |
| 4:50pm-5:05pm | Closing Comments- <i>Day 1</i> | Conference Center Auditorium |
| 5:30pm-7:00 pm | Dinner | Hotel Dining Room |
| 6:45pm-7:15 pm | Meditation | Conference Center Classroom 2- downstairs |
| 7:30pm-9:00pm | Entertainment | Conference Center Auditorium |

| Wednesday, August 19, 2026-Day 2 | | |
|---|--|---|
| 6:30am-8:30am | Breakfast | Hotel Dining Room |
| 6:45am-7:15am | Walking Group | Hotel Lobby- Meet |
| 7:15am-8:20am | Continental Breakfast | Conference Center Lobby |
| 7:15am-8:15am | “Open” Wings of Sobriety Meeting | Conference Center Room A-300 |
| 7:45am-5:00pm | Sponsorship Tables Open | Conference Center Lobby |
| 7:45am-5:00pm | Registration Desk Open | Conference Center Lobby |
| 8:30am-8:45am | “Welcome” Day 2 Heather Healy, LCSW-C, CEAP FADAP Manager Deborah McCormick-Rudicil, LCDP, CEAP FADAP Coordinator | Conference Center Auditorium |
| 8:45am-9:00am | Opening Remarks Dr. Harriet Lester, FAA, AAM | Conference Center Auditorium |
| 9:00am-10:30am | “Family Roles and Family Denial” Brad Lamm, CIP | Conference Center Auditorium |
| 10:30am-10:45am | Break | Conference Center Lobby* Refreshments |
| 10:45am-12:15pm | Breaking Ice | Conference Auditorium |
| 12:15pm-1:30pm | Lunch | Hotel Dining Room |
| 1:35pm-3:05pm | “Virulent Vape Shop Villains” James Boone, MD | Conference Center Auditorium |
| 3:05pm-3:25pm | Break | Conference Center Lobby* Refreshments |
| 3:25pm-4:55pm | “Partnerships to Advance the Flight Attendant Well-Being” <i>Air Canada, Jazz Aviation, Republic Airways, SkyWest Airlines</i> | Conference Center Auditorium |
| 4:55pm-5:05pm | Closing Comments-Day 2 | Conference Center Auditorium |
| 5:30pm-7:00pm | Dinner | Hotel Dining Room |
| 6:45pm-7:15pm | Meditation | Conference Center Classroom 2-downstairs |
| 7:00pm-8:00pm | Gelato/Ice Cream | Hotel Lobby- Outside |
| 7:30pm-8:30pm | “Open” Wings of Sobriety Meeting | Conference Center Room A-300 |
| 7:30pm-8:30pm | “Open” Al-Anon Meeting | Conference Center Room A-302 |

| Thursday, August 20, 2026-Day 3 | | |
|--|---|--|
| 6:30 am-8:30am | Breakfast | Dining Room |
| 6:45am-7:15am | Walking Group | Meet in Hotel Lobby |
| 7:15am-8:20am | Continental Breakfast | Conference Center Lobby |
| 7:15am-8:15am | “Open” Wings of Sobriety Meeting | Conference Center Room A-300 |
| 8:00am-12:30pm | Registration Desk Open | Conference Center Lobby |
| 8:00am-10:35am | Sponsorship Tables Open | Conference Center |
| 8:30am-8:45am | “Welcome to the 16th Annual FADAP Conference” Day 3 Heather Healy, LCSW-C, CEAP FADAP Manager Deborah McCormick-Rudicil, LCDP, CEAP FADAP Coordinator | Conference Center Auditorium |
| 8:45am-10:15am | “Beyond Chemsex: Supporting LGBTQ+ Flight Attendants in Treatment and Recovery” Rory Hunter, LMFT, LPCC | Conference Center Auditorium |
| 10:15am-10:35am | Break-* <i>Check out of hotel room</i> | Conference Center Lobby *Refreshments |
| 10:35am-12:05pm | “The Art of Intervention” Dan DeGryse, City of Chicago Battalion Chief Firefighter, <i>Retired</i> | Conference Center Auditorium |
| 12:05pm-12:15pm | Closing Comments-Day 3 | Conference Center Auditorium |