

Dear AFA- WA EAP FADAP Committee member,

Celebrating my second year of sobriety, I've thought a lot about my journey. I have the deepest gratitude for those who were divinely put in my life by GOD and one of the most special Angels is amazing, beautiful YOU!

From what little I can remember, I do remember lying there in bed full of fear, self-hatred/pity and hopelessness. I am certain I was just wishing I would never wake up or my heart would stop, and felt so full of defeat with my disease of alcoholism.

It was your voice on the other line and your wings that carried me back to the light of spirit of GOD, of hope and healing. You were the one person on earth there for me every step to guide me back to GOD and to crawl out of the most difficult, pitiful bottom of my life. I have such emotional tears of gratitude every time I think about it.

I know in your work, I can imagine how emotionally exhausting and at time, I would think overwhelming. I wanted to take the time to let you know that a difference you make in other people's lives and believe with all my heart you save mine. Every day I pray all GOD'S blessings for you because you truly deserve.

It's my greatest hope to use the wreckage of my past as my strength to help another and to pay forward when the opportunity arises. One of my favorites in the Big Book: Page 25

"We were in a position where life was becoming impossible, and if we had passed into the region from which there is no return through human aid, we had but two alternatives: One was to go on the bitter end, blotting out the consciousness of our intolerable situation as best we could: and the other, accept spiritual help."

This was key that day you called me, while I was laying there lifeless in bed in hopelessness. I'm so, SO eternally grateful I chose LIFE and grabbed your hand for help with you divinely appointed by GOD. You held the flashlight to lead me out of my darkest days to the brightest light.

All My Love and deepest eternal gratitude..... Anonymous