



Flight Attendant Drug and Alcohol Program



Sonya Wolford

Senior VP Inflight



Patricia Border

SkyWest FADAP Chair



“Breaking down perceptions on what is not reality”

-Sonya Wolford

Mission Statement

SkyWest is committed to maintaining a working environment free from the influence of drugs and alcohol. This commitment is based upon the Company’s goal to ensure the highest standards of safety in the airline industry. Recognizing that abuse and/or addiction is a disease state and not an issue of poor behavior, SkyWest Airlines has committed itself to being instrumental in the health and well-being of their flight attendant group. The SkyWest Airlines Flight Attendant Drug and Alcohol Program (FADAP) is developed and administered in cooperation with the SkyWest InFlight Association (SIA).


Introduced in All New-Hire Classes



FADAP

Flight Attendant Drug and Alcohol Program

Basic Indoc




About FADAP



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
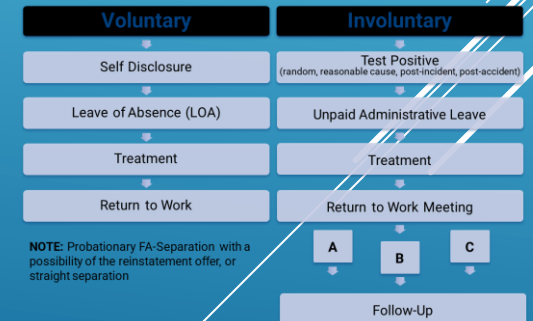
FADAP Entry Options

Flight attendants may discover by one method or another that they need professional care to treat substance abuse or dependency. A flight attendant may enter the program through self-disclosure at any time prior to being notified of the request to take a DOT or non-DOT drug and/or alcohol test. A flight attendant may self-disclose using any of the FADAP resources below.

Employee Assistance Program (EAP)
 SkyWest Online > Benefits > Health Programs & Resources > EAP
Employee Relations
 Phone – 435.634.3569

FADAP
 Hotline – 855.333.2327 Website – www.FADAP.org

FADAP Trained Peer and Mentor Support
 Peer Hotline – 435.705.2977 or ext. 52977
 Inflight Leadership
 ISC/MOD – 435.634.3718 or ext. 43718
 Director Inflight Operations – 760.668.9633
 SIA
 Toll Free Number – 855.268.7742
 Website – www.oursia.org

SkyWest



Flight Attendant Drug and Alcohol Program

Peers

Patricia Border

FADAP Chair

SLC | Hired 2011

Recovery: 11.3.2013

801.641.1006



David Mancilla

FADAP Vice-Chair

DEN | Hired 2005

Recovery: 11.22.2004

Sobriety: 10.27.2019

720.431.2101



Rhiannon Sutton

FADAP Secretary

SEA | Hired 2014

Recovery: 1.21.2020

760.224.6314



Sarah Polk

FADAP Mentor

PHX | Hired 2000

Sobriety: 9.17.2019

310.770.0209



Laura DeMarco

FADAP Mentor

LAX | Hired 2014

Sobriety: 12.22.2018

714.328.0945



Sara O'Flynn

FADAP Mentor

LAX | Hired 2020

Recovery: 5.26.2014

760.600.0355



"You are worth it!" Monthly Newsletter

From: FADAP
Sent: Tuesday, May 17, 2022 - 05:06 PM
To: Multiple Recipients
Subject: You Are Worth It!



Hello SkyWest flight attendants,
We know that life can be tough sometimes and it's important that we take care of ourselves because we are worth it! Please, take a moment and reaffirm that YES - I am worth it!

We may find it hard to take time for this self-affirmation or think that it's selfish. Maybe self-care only comes after we've pushed too far and cannot do more. There may be many reasons why we don't find time to take care of ourselves.

Self-care is about giving time and attention to ourselves. What we have learned is that even a little bit of self-care pays big rewards. Taking a few moments each day to work on our own physical, emotional or spiritual self can actually boost our physical and emotional energy.

Here are a few things that you can do during a busy, chaotic, and often stressful life.



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Physical:

- Go for a walk.
- Get outdoors.
- Get a good night's sleep.
- Eat a healthy balanced meal.

Emotional:

- Talk to a friend.
- Take time away from electronic devices.
- Read, journal, watch a funny show.
- Take time to work on a fun project, do an activity, or something creative.
- Practice deep breathing for stress reduction.

Spiritual and Holistic:

- Pray or read something inspirational.
- Meditate.
- Spend quiet time in nature.
- Express gratitude.

Voluntary



Self Disclosure



Leave of Absence (LOA)



Treatment



Return to Work

NOTE: Probationary FA-Separation with a possibility of the reinstatement offer, or straight separation

Involuntary



Test Positive
(random, reasonable cause, post-incident, post-accident)



Unpaid Administrative Leave



Treatment



Return to Work Meeting



A



B



C



Follow-Up



Flight Attendant Drug and Alcohol Program



CONTACT INFO (TAP LINKS BELOW)

IF Support Center (ISC)
435.634.3718

FADAP Intl. Hotline
855.333.2327

FADAP Mentor on Duty
435.705.2977
[SkyWest FADAP Details](#)

HIMS PROGRAM CONTACTS

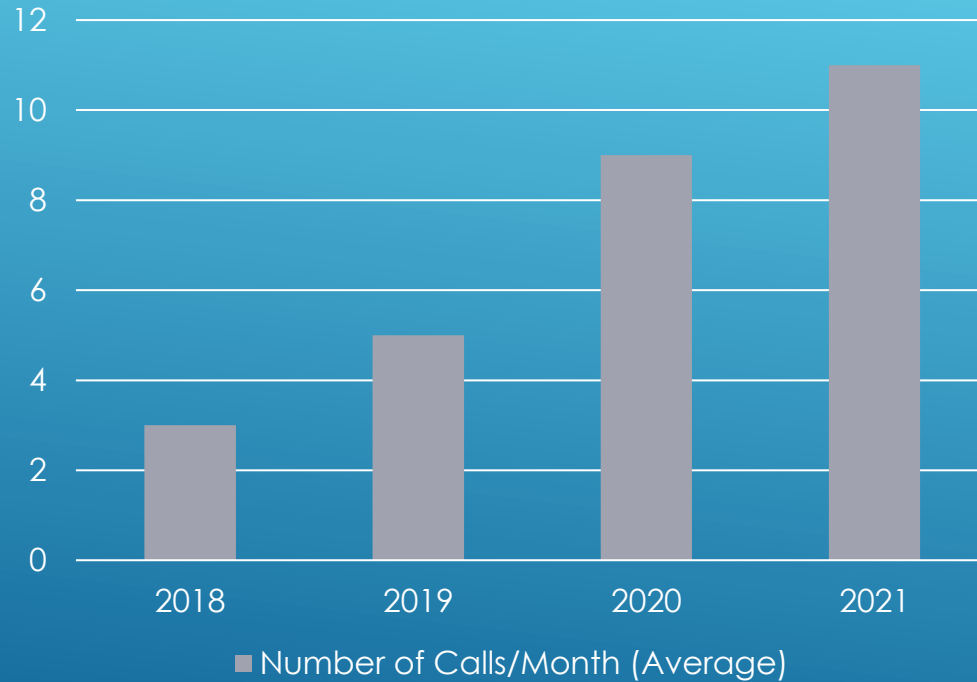
General
855.727.2855 Option 3

John Denadno - Committee Chair
314.283.3124
denando24@gmail.com

David Shaffer - Committee Co-Chair
605.645.0317
davidshaffer787@gmail.com



FADAP Program Increase During COVID





Flight Attendant Drug and Alcohol Program

SkyWest
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