Monday, August 19, 2024

2:00pm-8:00pm	Registration Desk Open
5:00pm-7:30pm	Dinner
7:30pm-8:30pm	Open 12 Step "Wings of Sobriety" Meeting Classroom 2
7:30pm-8:30pm	Open Al-Anon Meeting A-300

Tuesday, August 20, 2024		
7:00am - 5:30pm		Registration Desk Open
7:00am-7:45am		Meditation and Stretching McArthur Stidom A-300
6:30am-8:30am		Breakfast
8:30am - 9:00am		"Welcome, History and Overview of the Flight Attendant Drug and Alcohol Program" Heather Healy, LCSW-C, CEAP, FADAP Manager Nicholas Lomangino, MD, FAA Deborah McCormick, LCDP, CEAP, FADAP Coordinator
9:00 a m - 10:30 a m Session 1		"The Neuroscience of High-Risk Behavior: Implications for Prevention and Recovery" Crystal Collier, PhD, LPC-S
10:30 a m - 10:50 a m		Break
10:50 a m – 12:20 p m Session 2		"My Flight into Recovery" Panel of Recovering Flight Attendants
1 2 : 2 0 p m - 1 : 3 0 p m	open :	Lunch
1:30 pm – 3:00 pm Session 3	Exhibits Open	"Recovery-Reward and Resilience" Katherine McQueen, MD
3:00pm-3:20pm		Break
3:20pm-4:50pm Session4		"Expanding Perspective" Katheen Murphy, LMFT, LPC
4:50pm-5:05pm		Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
5:05pm-7:30pm		Dinner
7:30pm-9:00pm		Entertainment

7:45 am-5:30 pm		Registration Desk Open
7:00am - 7:45am		Meditation and Stretching McArthur Stidom A-300
6:30am-8:30am		Breakfast
8:30 am - 8:45 am		Welcome Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8:45 am - 10:15 am Session 5		"The Brilliance of Resilience, Transformation, and Spirituality Among Flight Attendants and First Responders" Johanna O'Flaherty, PhD
10:15 a m - 10:35 a m		Break
10:35 a m – 12:35 p m Session 6	u	"Breaking Ice"
1 2 : 3 5 p m - 1 : 3 5 p m		Lunch
1:35 pm - 3:05 pm Session7		"Partnership to Advance the Flight Attendant Well Being" Allegiant Air, American Airlines, Delta Airlines, Horizon Air
3:05pm-3:25pm	Exhibits Open	Break
3:25pm-4:55pm Session 8.1	Exhibi	Flight Attendant Peer Workshop "Sobriety for Keeps-Mixed Messages in Recovery" Chris Ryman
3:25pm-4:55pm Session 8.2		By Invitation Only Flight Attendant Leadership/Management Workshop Facilitators-Jodi Frey, PhD Heather Healy, LCSW-C, CEAP, FADAP Manager Classroom 2
4:50pm-5:05pm		Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
5:05pm-7:30pm		Dinner
7:00pm-8:00 pm		Ice Cream/Gelato Social
7:30pm-8:30pm		Open 12 Step "Wings of Sobriety" Meeting Classroom 2
7:30pm-8:30pm		Open Al-Anon Meeting A-300

Thursday, August 22, 2024

8:00am-12:30pm		Registration Desk Open Sign up for Certificates of Attendance and Education Hours Awarded
6:30 a m - 8:30 a m		Breakfast
8:30 a m - 8:45 a m	Exhibits Open	Welcome Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8:45 am – 10:15 am Session 9		"Compassion Fatigue is a Physiological Response" Camille Drachman, LCSW, SEP
10:15 am-10:35 am		Break
10:35 a m - 12:05 p m Session 10		"Redefining the Basics of Addiction Treatment: Why Gender-Focused Care Matters" Heather Black-Coyne, LMFT, CADC II
1 2 : 0 5 p m - 1 2 : 2 0 p m		Wrap Up/Closing Remarks Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
12:20 pm		Departures