

## 15<sup>th</sup> Annual FADAP Conference Agenda

Monday, August 18, 2025

2 : 0 0 p m – 8 : 0 0 p m		Registration Desk Open
5 : 0 0 p m – 7 : . 0 0 p m		Dinner
7 : 3 0 p m – 8 : 3 0 p m		Open 12 Step “Wings of Sobriety” Meeting Classroom 2
7 : 3 0 p m – 8 : 3 0 p m		Open Al-Anon Meeting A-300

Tuesday, August 19, 2025

7 : 3 0 a m – 5 : 3 0 p m		Registration Desk Open
7 : 0 0 a m – 7 : 4 5 a m		Meditation and Stretching McArthur Stidom A-300
6 : 3 0 a m – 8 : 3 0 a m		Breakfast
8 : 3 0 a m – 9 : 0 0 a m		“Welcome, History and Overview of the Flight Attendant Drug and Alcohol Program” Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
9 : 0 0 a m – 1 0 : 3 0 a m S e s s i o n 1		“4E-A New Approach to Addiction and Recovery” Dr Kevin McCauley, M.D.
1 0 : 3 0 a m – 1 0 : 5 0 a m		Break
1 0 : 5 0 a m – 1 2 : 2 0 p m S e s s i o n 2		“My Flight into Recovery” Panel of Recovering Flight Attendants
1 2 : 2 0 p m – 1 : 3 0 p m		Lunch
1 : 3 0 p m – 3 : 0 0 p m S e s s i o n 3		“Ketamine for Depression” Janet Gerhard
3 : 0 0 p m – 3 : 2 0 p m		Break
3 : 2 0 p m – 4 : 5 0 p m S e s s i o n 4		“Internal Family Systems-A Collaborative Approach to Healing and Transformation” Jackie Re, MACC, LCADC, CCS
4 : 5 0 p m – 5 : 0 5 p m		Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
5 : 0 5 p m – 7 : 0 0 p m		Dinner
7 : 3 0 p m – 9 : 0 0 p m		Entertainment

Wednesday, August 20, 2025

7 : 4 5 a m – 5 : 3 0 p m	<b>Exhibits Open</b>	Registration Desk Open
7 : 0 0 a m – 7 : 4 5 a m		Meditation and Stretching McArthur Stidom A-300
6 : 3 0 a m – 8 : 3 0 a m		Breakfast
8 : 3 0 a m – 8 : 4 5 a m		Welcome Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8 : 4 5 a m – 1 0 : 1 5 a m S e s s i o n 5		“Beyond the Rainbow: LGBTQ+ Informed Care is Trauma Informed Care” Beck Gee, MA, AMFT, CADC-II
1 0 : 1 5 a m – 1 0 : 3 5 a m		Break
1 0 : 3 5 a m – 1 2 : 0 5 p m S e s s i o n 6		“Partnerships to Advance the Flight Attendant Well-Being”
1 2 : 0 5 p m – 1 : 3 0 p m		Lunch
1 : 3 0 p m – 3 : 0 0 p m S e s s i o n 7		From Turbulence to Tranquility: A Journey of Gratitude and Forgiveness” Sabrina N’Diaye, PhD. LSCW-C
3 : 0 0 p m – 3 : 2 0 p m		Break
3 : 2 0 p m – 4 : 5 0 p m S e s s i o n 8 . 1		Flight Attendant Peer Workshop
3 : 2 0 p m – 4 : 5 0 p m S e s s i o n 8 . 2		<u>By Invitation Only</u> Flight Attendant Leadership/Management Workshop Facilitators-Heather Healy, LCSW-C, CEAP, FADAP Manager
4 : 5 0 p m – 5 : 0 5 p m		Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
5 : 0 5 p m – 7 : 0 0 p m		Dinner
7 : 0 0 p m – 8 : 0 0 p m		Ice Cream/Gelato Social
7 : 3 0 p m – 8 : 3 0 p m		Open 12 Step “Wings of Sobriety” Meeting Classroom 2
7 : 3 0 p m – 8 : 3 0 p m		Open Al-Anon Meeting A-300

Thursday, August 21, 2025

8 : 0 0 a m – 1 2 : 3 0 p m		<i>Registration Desk Open</i>
6 : 3 0 a m – 8 : 3 0 a m		<i>Breakfast</i>
8 : 3 0 a m – 8 : 4 5 a m	<i>Exhibits Open</i>	<p>Welcome</p> <p>Heather Healy, LCSW-C, CEAP, FADAP Manager</p> <p>Deborah McCormick, LCDP, CEAP, FADAP Coordinator</p>
8 : 4 5 a m – 1 0 : 1 5 a m S e s s i o n 9		<p>“Trauma Survival Tool Kit”</p> <p>Libby Timmons, M.Ed., LISAC, CEAP, SAP</p>
1 0 : 1 5 a m – 1 0 : 3 5 a m		<i>Break</i>
1 0 : 3 5 a m – 1 2 : 0 5 p m S e s s i o n 1 0		<p>“Soaring with Support: Mobilizing Loved Ones for Lasting Wellness in the Sky”</p> <p>Sadie Cabio, MS, LCPC</p>
1 2 : 0 5 p m – 1 2 : 2 0 p m		<p>Wrap Up/Closing Remarks</p> <p>Heather Healy, LCSW-C, CEAP, FADAP Manager</p> <p>Deborah McCormick, LCDP, CEAP, FADAP Coordinator</p>
1 2 : 2 0 p m		<i>Departures</i>