



**FLIGHT ATTENDANT DRUG and ALCOHOL PROGRAM**

*Supporting Related Mental Health Concerns*

# 2026 FADAP Conference Agenda

<b>Monday, August 17, 2026, Pre- Conference</b>		
2:00pm-8:00pm	<b>Registration Desk Open</b>	Conference Building
4:00pm-8:00pm	Sponsorship Set Up	Conference Building
6:00pm-8:00pm	<b>Dinner</b>	Hotel Dining Room
7:30pm-8:30pm	<b>“Open”</b> Wings of Sobriety Meeting	Room A-300
7:30pm-8:30pm	<b>“Open”</b> Al-Anon Meeting	Room A-302

<b>Tuesday, August 18, 2026- Day 1</b>		
6:30am-8:30am	<b>Breakfast</b>	Hotel Dining Room
6:45am-7:15am	Walking Group	Hotel Lobby- <b>Meet</b>
7:00am-5:30pm	<b>Registration Desk Open</b>	Conference Lobby
7:15am-8:20am	<b>Continental Breakfast</b>	Conference Center Lobby
7:15am-8:15am	<b>“Open”</b> Wings of Sobriety Meeting	Conference Center <b>Room A-300</b>
7:30am-5:15pm	Sponsorship Tables Open	Conference Center Lobby
8:30am-9:00am	<b>“Welcome to the 16<sup>th</sup> Annual FADAP Conference”</b> Heather Healy, LCSW-C, CEAP FADAP Manager Deborah McCormick-Rudicil, LCDP, CEAP FADAP Coordinator	Conference Center Auditorium
9:00am-10:30am	<b>“How Addiction Alters the Human Brain”</b> Dr. Stephen Dewey, PhD	Conference Center Auditorium
10:30am-10:50am	<b>Break</b>	Conference Center Lobby <b>*Refreshments</b>
10:50am-12:20pm	<b>“Turbulence to Thrive: Stress Mastery”</b> Tatti Miller, Psychologist	Conference Center Auditorium
12:20pm-1:30pm	<b>Lunch</b>	Hotel Dining Room
1:30pm-3:00 pm	<b>“My Flight into Recovery”</b>	Conference Center Auditorium
3:00pm-3:20pm	<b>Break</b>	Conference Center Lobby <b>*Refreshments</b>
3:20pm-4:50pm	<b>Flight Attendant Peer Workshop</b>	Conference Center Auditorium
3:20pm-4:50pm	<b>Flight Attendant Leadership/Airline Management Workshop</b>	Conference Center Classroom 2- <b>downstairs</b>
4:50pm-5:05pm	Closing Comments- <i>Day 1</i>	Conference Center Auditorium
5:30pm-8:00 pm	<b>Dinner</b>	Hotel Dining Room
6:45pm-7:15 pm	Meditation	Conference Center Classroom 2- <b>downstairs</b>
7:30pm-9:00pm	<b>Entertainment</b>	Conference Center Auditorium

<b>Wednesday, August 19, 2026- Day 2</b>		
6:30am-8:30am	<b>Breakfast</b>	Hotel Dining Room
6:45am-7:15am	Walking Group	Hotel Lobby- <b>Meet</b>
7:15am-8:20am	<b>Continental Breakfast</b>	Conference Center Lobby
7:15am-8:15am	<b>“Open”</b> Wings of Sobriety Meeting	Conference Center <b>Room A-300</b>
7:45am-5:00pm	Sponsorship Tables Open	Conference Center Lobby
7:45am-5:00pm	Registration Desk Open	Conference Center Lobby
8:30am-8:45am	<b>“Welcome to the 16<sup>th</sup> Annual FADAP Conference”</b> Heather Healy, LCSW-C, CEAP FADAP Manager Deborah McCormick-Rudicil, LCDP, CEAP FADAP Coordinator	Conference Center Auditorium
8:45am-10:15am	<b>“Family Roles and Family Denial”</b> Brad Lamm, CIP	Conference Center Auditorium
10:15am-10:35am	<b>Break</b>	Conference Center Lobby* <b>Refreshments</b>
10:35am-12:05pm	<b>Breaking Ice</b>	Conference Auditorium
12:05pm-1:35pm	<b>Lunch</b>	Hotel Dining Room
1:35pm-3:05pm	<b>“Virulent Vape Shop Villains”</b> James Boone, MD	Conference Center Auditorium
3:05pm-3:25pm	<b>Break</b>	Conference Center Lobby* <b>Refreshments</b>
3:25pm-4:55pm	<b>“Partnerships to Advance the Flight Attendant Well-Being”</b> <i>Air Canada, Jazz Aviation, Republic Airways, SkyWest Airlines</i>	Conference Center Auditorium
4:55pm-5:05pm	<b>Closing Comments-Day 2</b>	Conference Center Auditorium
5:30pm-8:00pm	<b>Dinner</b>	Hotel Dining Room
6:45pm-7:15pm	Meditation	Conference Center <b>Classroom 2-downstairs</b>
7:00pm-8:00pm	<b>Gelato/Ice Cream</b>	Hotel Lobby- <b>Outside</b>
7:30pm-8:30pm	<b>“Open”</b> Wings of Sobriety Meeting	Conference Center <b>Room A-300</b>
7:30pm-8:30pm	<b>“Open”</b> Al-Anon Meeting	Conference Center <b>Room A-302</b>

<b>Thursday, August 20, 2026- Day 3</b>		
6:30 am-8:30am	<b>Breakfast</b>	Dining Room
6:45am-7:15am	Walking Group	Meet in Hotel Lobby
7:15am-8:20am	<b>Continental Breakfast</b>	Conference Center <b>Lobby</b>
7:15am-8:15am	<b>“Open”</b> Wings of Sobriety Meeting	Conference Center <b>Room A-300</b>
8:00am-12:30pm	Registration Desk Open	Conference Center <b>Lobby</b>
8:00am-10:35am	Sponsorship Tables Open	Conference Center
8:30am-8:45am	<b>“Welcome to the 16<sup>th</sup> Annual FADAP Conference” Day 3</b> Heather Healy, LCSW-C, CEAP FADAP Manager Deborah McCormick-Rudicil, LCDP, CEAP FADAP Coordinator	Conference Center Auditorium
8:45am-10:15am	<b>“Beyond Chemsex: Supporting LGBTQ+ Flight Attendants in Treatment and Recovery”</b> Rory Hunter, LMFT, LPCC	Conference Center Auditorium
10:15am-10:35am	<b>Break-*</b> <i>Check out of hotel room</i>	Conference Center Lobby <b>*Refreshments</b>
10:35am-12:05pm	<b>“The Art of Intervention”</b> Dan DeGryse, City of Chicago Battalion Chief Firefighter, <i>Retired</i>	Conference Center Auditorium
12:05pm-12:15pm	<b>Closing Comments-Day 3</b>	Conference Center Auditorium